**Lesson Plan Of B. A. IST year (IInd Semester) Psychology Subject**

**Name of Paper- Introduction to Psychology**

**Class Teacher – Navneet Nancy**

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| **Sr. No.** | **Name of Topic** | **During the Period** |
| 1. | Attention: Nature, Characteristics, Types. | **20th April , 2022 to 24th , April, 2022** |
| 2. | Statistics: Frequency Distribution  Graphical Presentation of Data,  Measures of Central Tendencies | **25th April ,2022 to**  **10th May, 2021** |
| 3. | Psychophysics: Problems of Psychophysics, Classical Methods of Psychophysics. | **11th May, 2022 to 31st May,2022** |
| 4. | Memory: Definition, Stages,STM and LTM – Stages, Methods to StudyForgetting: Factors Leading to Forgetting, Mnemonics. | **1st June,2022 to 20th June ,2022** |
| 5. | Learning: Definition, Factors affecting learning, Trial and Error Learning, Insight Learning, Classical conditioning, Operant conditioning. | **21st June ,2022 to**  **5th July ,2022** |
| 6. | Problem Solving: Stages of Problem SolvingConvergent and Divergent thinking. | **6th July,2022 to**  **16th July ,2022** |

**Navneet Nancy**

**Assistant Professor in Psychology**

**Month-Wise Lesson Plan of B. A. IInd year**

**(IVth Semester) Psychology Subject**

**Name of Paper- Developmental Psychology& Statistics**

**Class Teacher –Rakesh Goyal**

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| **Sr. No.** | **Name of Topic** | **During the period** |
| 1. | Human Development; Concept ,Principles | **13th April, 2022 to 25th April,2022.** |
| 2. | Factors in Human Development; Biological, Social , Cultural | **26th April, 2022 to**  **17th May,2022.** |
| 3. | Prenatal Development, Determinants ,Stages | **18th May ,2022 to**  **25th May ,2022** |
| 4. | Measures of Variability: Quartile Deviation  Standard Deviation. | **26th May,2022 to**  **5th June,2022** |
| 5 | Infancy: Characteristics, Hazards , Adjustment | **6th June,2022 to**  **15th June,2022** |
| 6. | Adolescents: Characteristics, Problems of Adolescents, Adjustment. | **16th June,2022 to**  **26th June,2022** |
| 7. | Childhood: Characteristics, Perceptual Development, Motor Development, Emotional Development, Cognitive Development | **27th June, 2022 to**  **10th July,2022** |
| 8. | Adulthood: Early Adulthood, Late adulthood and Aging :Changing Patterns and Problems | **11th July , 2022 to 16th July,2022** |

**Rakesh Goyal**

**Associate Professor in Psychology**

**Lesson Plan of B. A. IIIrd year (VIth Semester) Psychology Subject**

**Name of Paper- Applied Psychology**

**Class Teacher – Rakesh Goyal**

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| **Sr. No.** | **Name of Topic** | **During the period** |
| 1. | Statistics: Correlation- Meaning,  Rank Difference, Product Moment Method. | **13th April, 2022 to**  **30th April, 2022** |
| 2. | Health Psychology: Meaning, Scope, Objectives, Concept of Health and Illness. | **1st May , 2022 to**  **31st May, 2022** |
| 3. | Psychological Factors in Physical Illness ,  Life Style and Health, Stress and Coping. | **1st June, 2022 to**  **30th , 2022** |
| 4. | Forensic Psychology: Psychology and Law, Eyewitness Memory; Accuracy and Improvement. | **1st July,2022 to**  **16th July, 2021** |

**Rakesh Goyal**

**Associate Professor in Psychology**

**Lesson Plan of B. A. IIIrd year (VIth Semester) Psychology Subject**

**Name of Paper- Applied Psychology**

**Class Teacher – Navneet Nancy**

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| **Sr. No.** | **Name of Topic** | **During the period** |
| 1. | Applied Psychology: Meaning,  History, Fields, Careers in Psychology. | **20th April, 2022 to**  **30th April, 2022** |
| 2. | Organizational Psychology: Nature, Scope, Objectives, Development | **1st May , 2022 to**  **31st May, 2022** |
| 3. | Counseling: Need, Principles, Special Areas, Types of Counseling | **1st June, 2022 to**  **30th , 2022** |
| 4. | Guidance: Objectives, Principles, Types of Guidance, Organization of Guidance Program | **1st July,2022 to**  **16th July, 2021** |

**Navneet Nancy**

**Assistant Professor in Psychology**