**SMT. A. A. A. GOVT. P. G. COLLEGE, KALKA**

**MONTH-WISE LESSON PLAN**

**B. A. 1st Semester**

**Subject: Psychology**

**Name of the Paper: Introduction to Psychology**

**Taught by: Navneet Nancy**

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| **SR. NO.** | **NAME OF THE TOPIC** | **DURING THE PERIOD** |
| 1. | Psychology: History  Emergence as Science | 1st September, 2022 to  14th September, 2022 |
| 2. | Subject Matter of Psychology Methods of Psychology: Experimental, Observation, Survey | 15th September, 2022 to  30th September, 2022 |
| 3. | Sensory Processes: Visual, Auditory – Structure and Functions of Eye and Ear. Perception: Nature, Perception of form – Figure and Ground, Perceptual Organization, Depth Perception–Cues. | 1st October, 2022 to  31st October, 2022 |
| 4. | Emotion: Nature, Bodily Changes. Theories of Emotion: James-Lange, Cannon-Bardand Schachter-Singer.Motivation: Nature, Biological and Psychological Motives. | 1st November, 2022 to  24th November, 2022 |
| 5. | Personality: Nature, Determinants of Personality, Type and Trait Approach.Intelligence: Nature, Theories: Spearman, Thurstone, and Cattell. | 25th November, 2022 to  24th December, 2022 |

**Department of Psychology**

**SMT. A. A. A. GOVT. P. G. COLLEGE, KALKA**

**MONTH-WISE LESSON PLAN**

**B. A. 3rd Semester**

**Subject: Psychology**

**Name of the Paper: Social Psychology**

**Taught by: Navneet Nancy**

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| **SR. NO.** | **NAME OF THE TOPIC** | **DURING THE PERIOD** |
| 1. | Introduction: Nature of Social Psychology  Subject Matter of Social Psychology | 1st September, 2022 to  15th September ,2022 |
| 2. | Sociometric MethodSocialisation: Nature, Process, Agents of Socialisation | 16th September, 2022 to 30th September, 2022 |
| 3. | Group: Types and Functions  Social Norms: Meaning, Characteristics and Formation.  Leadership: Types, Functions, Theories | 1st October, 2022 to 31st October, 2022 |
| 4. | Attitude: Nature, Characteristics, Formation & Development of Attitude Attitude Change: Process & Factors affecting attitude change | 1st November, 2022 to 15th November, 2022 |
| 5. | Stereotypes: Nature, Formation & Development Importance  Prejudice: Nature Formation & Development | 16th November, 2022 to 30th November, 2022 |
| 6. | Aggression: Nature, Types, Factors affecting aggression, Methods of prevention  Prosocial Behaviour: Factors affecting  Cognitive Model | 1st December, 2022 to 24th December, 2022 |

**Department of Psychology**

**SMT. A. A. A. GOVT. P. G. COLLEGE, KALKA**

**MONTH-WISE LESSON PLAN**

**B. A. 5th Semester**

**Subject: Psychology**

**Name of the Paper: Psychopathology**

**Taught by: Navneet Nancy**

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| **SR. NO.** | **NAME OF TOPIC** | **DURING THE PERIOD** |
| 1. | Concept of Normality and Abnormality  Criteria of Abnormality & Normality | 1st September, 2022 to 5th September, 2022 |
| 2. | Models of Psychopathology: Biological, Psychodynamic, Behavioral, and Cognitive | 6th September, 2022 to 20th September, 2022 |
| 3. | Classification of Psychopathology: Need for Classification, DSM System  Diagnostic Assessment: Case History, Interview, Projective Techniques | 21st September to 30th September, 2022 |
| 4. | Anxiety Based Disorders: GAD, OCD, and Phobic Disorders-Symptom and Causes  Substance/Drug Abuse – Causes, Consequences and Rehabilitation | 1st October, 2022 to 31st October, 2022 |
| 5. | Mood Disorders: Unipolar and Bipolar-Symptoms and Causes | 1st November, 2022 to 30th November, 2022 |
| 6. | Schizophrenia: Nature, Types, and Causes | 1st December, 2022 to 24th December, 2022 |

**Department of Psychology**